



**Human Resources Department
Benefits Telephone Guide
Phone: (205) 325-5249, Option 4**

COMPANY NAME	CONTACT	GROUP NUMBER	PHONE NUMBER
MetLife Accident, Hospital Indemnity and Critical Illness	Customer Service	200799	(855) 564-6638
Behavioral Health System Employee Assistance Program (EAP)	Customer Service		(205) 879-1150 (800) 245-1150
Blue Cross & Blue Shield of AL Medical and Prescription Drugs	Customer Service	60100	(877) 255-7250 (205) 988-2200
Delta Dental	Customer Service	16059	(800) 521-2651
EyeMed Vision	Customer Service	1023534	(866) 800-5457
MetLife Legal	Customer Service	990-2584	(800) 821-6400
MetLife Life Insurance	Customer Service	200799	(800) 300-4296
MetLife Short & Long Term Disability	Customer Service	200799	(800) 300-4296
FMLA Source (FMLA, ADA, EML & Military Leave)	Customer Service		(888) 789-3994
Nationwide Retirement Solutions Deferred Compensation	Elaine Graham Smith		(205) 249-8423
AMERIFLEX (FSAs & COBRA)	Customer Service		(800) 422-4661

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